Regence

OREGON



Understanding your pharmacy benefits

Welcome to Regence! Whether you want to know if a medication's covered under your plan or are looking for ways to save on prescriptions, we're here to help you find the information you need.

Is your medication covered?

When it comes to choosing medications, it's important to know how a drug formulary—also called a covered-drug list or prescription drug list—works. A formulary is a list of drugs that your Regence health plan helps cover. So when you fill your prescription, you don't have to pay full price.

The Regence formulary divides medications into multiple tiers, each with its own cost-share. Before we add a medication to the list, our team of doctors and pharmacists carefully evaluates how safe and effective it is while assessing whether it will improve health.

Formularies are organized into tiers. Lower tiers typically represent a lower copay, and higher tiers typically have a higher copay. You may have a specialty tier on your covered drug list. Sign in to your Regence account to check your benefits.

Low tier(s) $	Medications that provide the highest overall value. Lower tier(s) mostly include generics but may include some brand medications.
Mid tier(s) $ $	Medications that provide moderate overall value. Mid tier(s) mostly include brand medications that are categorized based on how well they work and/or their cost compared to others that treat the same condition.
Highest tier(s) $ $ $	Medications that provide lower overall value. Highest tier(s) mostly include brand medications that are categorized based on how well they work and/or their cost compared to others that treat the same condition.

Sign in to see if your medication's covered, how much it'll cost and more, including pharmacies in your network, forms, home delivery registration, specialty pharmacy information and prior-authorization policies.

- Sign in to your Regence account.*
- Click on **Pharmacy** in the left pane.
- Click the **Check costs & coverage** tile, then **Ok**.
- Click **Find medicines** to search for a drug and its cost.

*Don't have an account? Create one or use our shop module to compare plan offerings.

Prior-authorization requirements

To ensure you're getting an effective drug at an affordable price, we review some medications before we cover them. Drugs on the prior-authorization list include many for which equal or more effective and lower-cost options exist.

If your drug requires prior authorization, you'll want to do one of two things:

Talk with your doctor to see if there's an alternative treatment that does not require prior authorization.

OR

Have your doctor or pharmacist request prior authorization for your medication. You may need to get that authorization before you can get your prescription filled.

Ways to save

Regence has lots of ways to help you save money on your medications, including lower-cost network pharmacies, online cost-comparison tools and convenient fill options.

Network pharmacies

Medication prices can vary among pharmacies. To save money, it's best to get your prescriptions filled at a pharmacy in your network. Sign in to your Regence account to find one.

Generics

Generic and brand-name medications have the same strength, quality and purity. But generics can cost up to 80% less. So, ask your doctor if there's a generic drug that will work for you.

Specialty medications

We know that living with a complex health condition can be stressful and sometimes confusing. Our specialty pharmacy services are here to support you with the care and medications you need, every step of the way. In some cases, your plan may require that you use our specialty pharmacy.

To assist you with the complexities of your condition and its treatment, our specialty pharmacy services team will help you coordinate refills, monitor side effects and give you 24-hour access to clinical specialists. You'll even get injectable supplies for free—and everything can be delivered to your home or location of your choice.

Convenience with Amazon Home Delivery

Trade the trips to your pharmacy for convenient home delivery. When you use mail order, your medications are delivered to a location of your choice with free standard shipping.

There are three ways to get your medications mailed:

1. Go to amazon.com/regenceORMYW and click **Get started**.
2. Call an agent at 1-855-793-5327.
3. Ask your doctor to send a prescription to Amazon Home Delivery.

90-day supplies

Your benefit may cover 90-day fills. If your plan includes 90-day fills, ask your doctor to write your prescription for up to a 90-day supply, and make sure you get it filled at an in-network pharmacy for the most savings. That means fewer trips to the pharmacy.

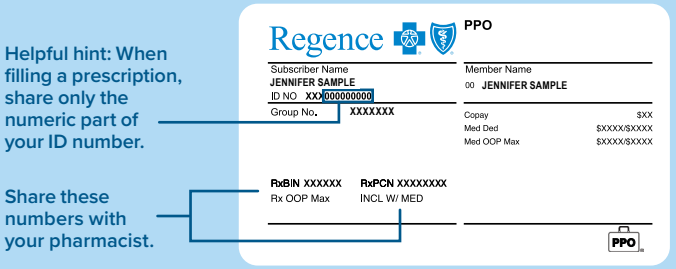
Blood glucose meter program

If you have diabetes, you're eligible to receive a new Abbott FreeStyle glucose meter at no cost. Order your meter directly from Abbott FreeStyle by calling 1-800-680-6850 and using offer code RAFITLWP.

How to fill your prescription

Whether you have a new prescription or need to refill an existing one, our network of more than 65,000 participating pharmacies has you covered—across the country and around your corner.

Show your member ID card to your pharmacist so they can file your claim with us online and tell you how much you owe.



Questions?

Call the Customer Service number on your member ID card. We're open 24 hours a day, seven days a week.

Regence

Amazon is a separate company that provides home delivery pharmacy services.

Regence BlueCross BlueShield of Oregon
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Regence BlueCross BlueShield of Oregon
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REG-OR-1205384-26/01-Amazon
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